

Probiotics and Back to School: We definitely “LIKE” this!



“Back to School” brings a mixture of emotions for many parents, and one of those emotions tends to be dread– dread for the promise of upcoming colds and flu. Sure, we can isolate over the summer and protect our children from as many germs as possible but school is a different story, one that should include a probiotic for your child.

Our intestines are home to millions of good, healthy bacteria, the bacteria that build a strong defense against infectious and diseased bacteria. There are many articles available for you to read (on the internet, at your Doctor’s office) that show evidence that increasing the number of good bacteria in the intestine can increase overall health.

Probiotics can help with a number of common illnesses in children, such as stomach bugs and urinary tract infections. They are also essential for replenishing the good bacteria if your child has taken an antibiotic. Stop by the office and check out our favorite kid’s probiotic: Animal Parade’s Acidophi Kidz!

Retail Price: \$20.99 for a 90-day supply.

